



Saint Rose School

February Newsletter

700 Manawagonish Road, Saint John, NB E2M 4C3

Principal: Victoria Moseley
Carey

Vice-Principal: Shar



School Security System

Our front door security system is now in place. Doors will be locked in the morning just after student arrival. Admittance to the building will require you to ring the bell to the far left of the doors. You may have to wait a few moments until someone is in the office if your call is not answered immediately. This system will provide our school with necessary safety protocols.

January CARE Assembly Winners

Congratulations to SRS students who received recognition for this month's theme of Honesty, Trust & Cooperation. These students are;

Kindergarten - George P Oscar Z

Grade 1 – Juliette M, Evan Y

Grade 2 – Danika C, Norm R

Grade 3 – Cash O

Grade 4 – Jessica D, Alex O

Grade 5 – Olivia G, Erica P

Family Fitness Challenge

Our messages to students on an ongoing basis are to spend time with people who make us feel good, focus on positive aspects of our lives, and encourage people to be responsible risk takers, get plenty of sleep with regularly bedtimes and bedtime routines, and learn to enjoy humour. These foci and skills help students in being both mentally and physically fit.

February is a Wellness Challenge Month. Each day on the wellness calendar has a specific item to complete. An adult places a check mark in each completed square. On February 28th, all students who have 15 blocks completed send in their calendars for a chance to win a family prize.

Many of the activities on the calendar are in the areas of;

- ✓ Adult involvement in conversations with children
- ✓ Everyone being emotionally present and engaged in the family activities
 - ✓ Good nutrition and adequate sleep
 - ✓ Creative play and social interactions

Staff Appreciation Week

The Parent Involvement Committee is organizing some staff treats during the week of February 12th.

The theme for these two days are;

Muffin Monday, February 12th
Sweet Treat Tuesday, February 13th

If you would like to make or donate items for either of these days, please contact Christy Cunningham at christy_cunningham@hotmail.com.

Saint Rose School Skating

Saint Rose School students and staff will be skating at the Peter Murray Arena during January and February. We welcome family volunteers to help tie skates.

ALL people on the ice must have on helmets whether they are skating or have on boots/shoes. Skate time is 9:15 – 10:00 a.m.

The schedule is as follows;

Kindergarten & grade 1 - Feb. 8th

Grade 2 & Grade 3 –Feb. 1st & Feb. 22nd

Grade 4, Grade 5 & Grade 6 –Feb. 15th & Mar. 1st

If you have any used skates you would like to donate, please send them along with your child or drop them off to the main office.

Therapy Dog – Brooke



Saint Rose School has a hypo-allergenic therapy dog certified with her handler through Saint John Ambulance.

Brooke and her handler, Kelly, visit weekly to spend time with specific students.

Hygiene and Wellness

With the intentional focus of students engaging in more physical activity, we have noted a need for students to be aware of personal hygiene implication in grade 3, grade 4, and grade 5. Sending children to school with wipes and/or deodorant for after Physical Education class is encouraged. There are social implications for poor hygiene to which we do not want to expose students.

With wet clothing also comes musty smelling snow pants, hats, and mittens. Freshening the items in a dryer periodically to thoroughly dry them will help to reduce musty odours.

Thanks to Hillcrest Baptist Church for their donation of mittens and gloves for each classroom!

Literacy Tip: Identify words on signs on your drives and walks. Make up songs and stories about the words you read

Rainbows Facilitator Training

Rainbows is an International not-for-profit organization that fosters emotional healing among children, youth and young adults grieving a loss from a life-altering crisis. The curriculum is designed to assist children, youth and adults who are grieving a death, divorce, separation or any other painful transition in their family within a safe, supportive environment with a unique peer assisted program. If you would like to become a trained volunteer, certified to facilitate a Rainbows program in your school or one of the numerous accredited Rainbows sites throughout the Greater Saint John and surrounding area, please contact 646-2116 or email J.Galbraith@saintjohny.com to register for Rainbows Facilitator training on the following dates:

Date: February 6th and February 13th (*attendance required both evenings*)
Time: 6:00 pm - 9:00 pm
Location: Saint John Regional Y
Address: 191 Churchill Blvd, Saint John, NB

Please note:** Fees for registered participants for the Rainbows Facilitator training sessions scheduled above will be covered by our major sponsor MindCare NB. Water and a light snack will also be provided. (Only 10 seats available per training session***)